

We are very excited to be able to offer to you a new course in Elemental Reflexology! I have been working at completing this curriculum for the past three years and we recently had a pilot run of the entire course in Cleveland. The students were very pleased and completely satisfied with the new material that they learned. Their comments were: “Course was clear and concise”, “By learning the Elemental Reflexology Points it gave meaning to my work”, “I thought I knew Reflexology, but Elemental Reflexology gave me an entirely new perspective on how Reflexology works and how to assess reflex points by the Element.”

What is Elemental Reflexology?

The basis of Elemental Reflexology™ deals with understanding and using the concepts and principles of the five elements: Ether, Air, Fire, Water and Earth. All the integrated and specific Ayurvedic Reflex points are taught and organized according to these five elements in Elemental Reflexology™.

One of the basic principles of the Ayurvedic/Polarity Therapy Elements is that each element expresses itself through physical, mental, emotional and energetic qualities. In Elemental Reflexology™ we study the foot reflex points according to each of the elements. And then we teach detail technique for balancing any energetic imbalances that are present.

In Elemental Reflexology™ we also present the basic energetic concepts of Attraction and Repulsion and the three Poles of the Element (positive, neutral and negative) which we call the Triads. This gives meaning and purpose to understanding when reflex points on the feet are out of balance! When a point is tender we can assess that point by the element it is related to and then the energetic pole that is involved.

In our course we also explore more detailed balancing techniques on the feet such as Spinal Harmonics, Star Work, Long Elemental Current Lines and we show what points on the feet will balance each Chakra. This type of work involved in our Elemental Reflexology™ course will provide the Practitioner with incredible information for understanding elemental assessment and how to work on the feet from an integrated and energetic approach.

Included in our Program will be Elemental feet exercises and specific exercises designed to help with alignment and balance. We also provide useful techniques for the Practitioner to use with their clients such as isometric exercise for strengthening foot muscles, flexibility exercises for toes and healthy foot care techniques.

It will be amazing for you to see how we have designed all the new charts we are using for the class. We have color coded (on the charts) each of the reflex points to the specific color of the element. We also have designed specific charts that show the chakra's on the side of the foot, the star points on the shoulder and hip reflexes and the Energetic current lines on each toe. Judy Tancinco, a RPP graduate, and myself have worked months

to redesign and come up with a new book and a new approach to feet work called Elemental Reflexology™.

The Elemental Reflexology™ class is registered with the State of Ohio Board of Career Colleges and Schools and is a certification course under the Career Board. You will receive a Diploma from the Ohio Institute of Energetic Studies and Bodywork. OIES is also a Registered School under the Career Board.

I highly recommend that you consider getting trained in Elemental Reflexology™. It will be a great asset to your practice. You will be able to be focused on feet work that is detailed, effective and very client centered. Clients understand the basic Elements and basic Reflexology. This will open up an entirely new and popular focus for you as a Practitioner.

Please feel free to e-mail us or call us for any information. We will work out comfortable financing for the class if needed and we have zero interest payments available. So please contact us and we will help you with these details.

Sincerely,

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